

## FLOUROSCOPIC PROCEDURES:

*(IV Sedation is available if requested)*

- ◆ Cervical Epidurals
- ◆ Thoracic Epidurals
- ◆ Lumbar Epidurals
- ◆ Caudal Epidurals
- ◆ Racz Catheter Procedures
- ◆ Cervical Facet Injections
- ◆ Thoracic Facet Injections
- ◆ Lumbar Facet Injections
- ◆ Lumbar Sympathetic Blocks
- ◆ Radiofrequency Denervation
- ◆ Cervical and Lumbar Facets
- ◆ Pulsed Radiofrequency to the Dorsal Root
- ◆ Lumbar Discography
- ◆ Intradiscal Prolotherapy Injection
- ◆ Distrode Electrode Therapy (IDET)
- ◆ SI Joint Injections
- ◆ Hip Joint Injections
- ◆ Prolotherapy Injections (Cervical, Thoracic, Lumbar Spine, Pelvis and Extremities)
- ◆ Fluoroscopically Guided Botox Injections
- ◆ Spinal Cord Stimulator Trials

The following is a list of major insurance plans with which we participate. Individual coverage may vary.

*Aetna*  
*Anthem*  
*Cigna*  
*Healthkeepers*  
*Medicare*  
*Medicaid*  
*Optima*  
*Tricare Standard*  
*Virginia Health Network*  
*Workers' Compensation*

For more information, or to make a referral, please call  
**(757) 422-2966**

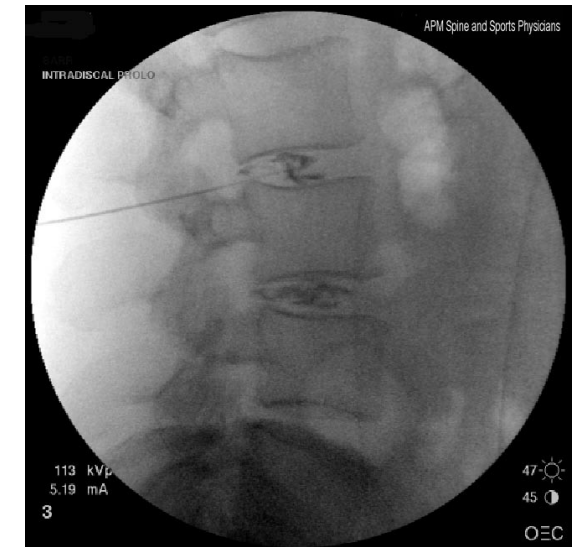
[www.advancedspineandsports.com](http://www.advancedspineandsports.com)  
**APM Spine and Sports Physicians**

**JANAF Office**  
 5665 Lowery Road  
 Norfolk, Virginia  
 23502

**Hilltop Office**  
 1788 Republic Road  
 Virginia Beach, VA  
 23454

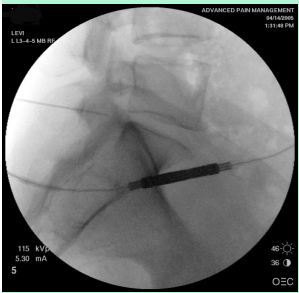


**Your Resource  
 for  
 Interventional**

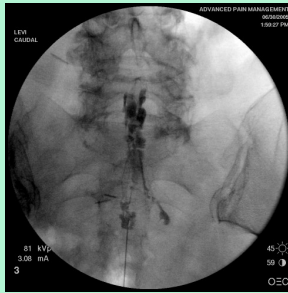


**Lisa B. Barr, M.D.**  
**Edward J. Walko, D.O.**  
**Robert M. Spear, D.O.**  
**David S. Levi, M.D.**  
**Scott I. Horn, D.O.**

Radiofrequency Lesion L5



Caudal ESI



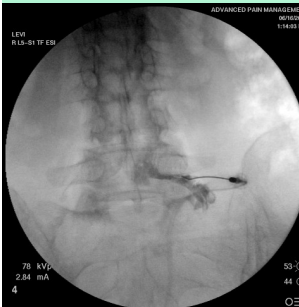
Facet Joint Injection L5



ACL Prolotherapy Injection



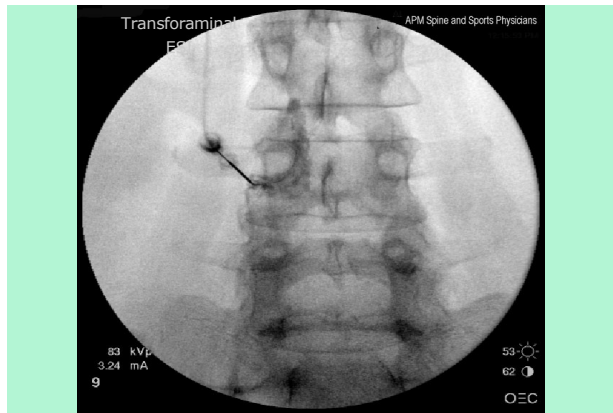
Transforaminal ESI L5-S1



Cervical ESI



Dorsal Column Stimulator Lead Placement



**APM Spine and Sports Physicians** offers a comprehensive approach to **Interventional Pain Management**. Our state of the art facilities are located at Hilltop in Virginia Beach and Lowery Road near JANAF Shopping Center in Norfolk . The Fluoroscopy Suites are fully equipped.

Our staff is well trained and provides convenient, prompt and friendly service. On the back cover of this brochure is a listing of the procedures we routinely perform .

*For further details, please see our website at [www.advancedspineandsports.com](http://www.advancedspineandsports.com)*

**CONTACT INFORMATION:** To schedule a patient, request a procedure scheduling form or speak with our procedure room staff **please call: (757) 422-2966.**

**Fax procedure requests** directly to **(757) 422-4563**

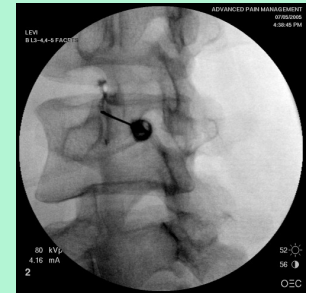
**For other medical inquiries**, or to speak with one of our physicians or other clinical staff, please call **(757) 422-2966.**

***When life's a pain,  
we are here to help!!***

Lumbar Sympathetic Block



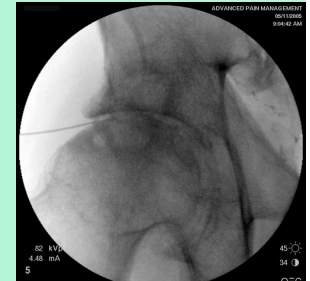
Facet Joint Injection



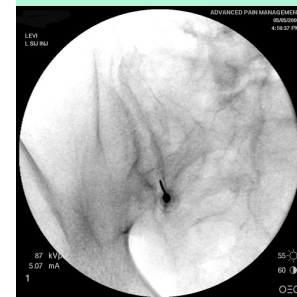
Cervical ESI, AP View  
Posterior Fusion



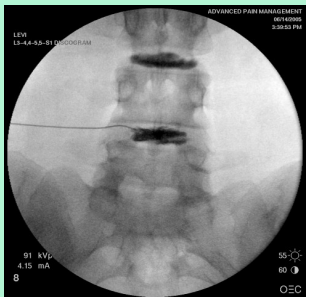
Intraarticular Hip Joint  
Injection



SI Joint Injection



Discogram



Third Occipital Nerve Block

